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Beloved brethern, we gather together in the Presence uniting our body, minds and souls and linking of one with the Hierarchy of Venus, Jupiter and Urasphanti seeking to acknowledge thy wisdom and to bring forth thy wisdom this day to this group, so let it be.

Greetings, My name is Cato. I have come to you as an elected one to help direct the energy flow of this group so that greater truth can come through this than last. It is very important that certain wisdoms be brought to you and, therefore, I am there to direct and guide those wisdoms unto you properly. This channel has been cleared this day to help in this process. These words that you shall hear are meant for the few and not for the many. Hear them well and know the path is clear for you to walk. It is up to you, the elect, to choose whether or not you wish to walk this path of truth and service. It is not an easy path, but yet it is a path of reward and redemption. Redemption in the sense of liberation of the soul and freedom from the rebirth cycle. You have worked hard throughout the many lifetime cycles that you have lived to come to this point of service today.

It is today that you must elect whether or not you wish to continue this path of service. We have given you, the few, certain goals and missions in each life to fulfill both on a personal level and for the group consciousness. It is this day that we yet give you a new mission, a new purpose. Though I call it new, it really isn't. It is a mission you have been working on since the beginning of time. It is only at this time that you become aware again in this lifetime of the true purpose and mission in this life. For each of you there is certain individual master both on the inner and outer planes that has been working and guiding with you throughout the eons of time. They take on different embodiments as you do and different names, but always it is the same elected soul working through the higher principles and guiding you into the eternal light and truth that he is.

The Master Jesus is one who has worked with each of you in many lives, in many embodiments, both on the inner and the outer planes. He has chosen to work with you again at this time. He is embodiment in flesh and is working with the elected few who know him well in this life. He guides and directs you from the inner planes even now hoping that you will chose to be of service to humanity in the way that he has guided and directed you from an inner experience. It is through that inner experience that has brought you to this point to this day, to this meeting, to this election of service. And it is through his will and through his love that he prays and will guide upon the path of light your mission if you so choose to elect to serve in this way. For each of you in this life, it has been important to experience many experiences for growth on an individual level and now through those experiences it is time to go outward with them and share with the people around you, to guide them, to protect them, to help them to understand that which they are going through and this is why you had to go

through so many things in this life in order to grow and understand your purpose in this life and of service to this world.

Each one of you, now, must go within and weigh upon the scales of truth that which you have experienced, that which you know and that which you should share and then come together in one and work out a plan of mission upon which you as a group and as individuals can be of service to humanity. As was shared yesterday, it is very important for you to go forth and share with humanity upon a physical level how to change the karmic structure of their life. How to change the genetic factor towards a more healthy oriented physical body so that in this way they can change the karmic pattern of their spiritual development and begin once again to open up to the spiritual identity of the "I am" within. This is the principle upon which you must live the remainder of your life. Going out and helping others to find that within.

There are many today that have found the principles of the I am within and who live it, and yet there are many more who need and have the right to find that principle within; but due to certain genetic and karmic factors within the physical, emotional and mental bodies, they are unable to do so. And so it is your mission, your purpose in this life, to find ways to go about balancing those energies within their vehicles so that they can find the balance on the lower to achieve an understanding and an inner knowing of the higher. To do this and to do it properly, you must first link within yourself and find the higher within. You must first find the principle I am within your own heart and mind and become one with it before you can share it with others.

And so an experiment must be accomplished within this group first. The wisdoms that you learn about the physical, emotional and the mental bodies must be applied to each one of you here and must be directed within to balance these three lower vehicles so that you can find the I am principle within yourself. You will find the easy ones and the hard ones, as far as the principles upon development of the lower vehicles. And over a period of time you will find the steps necessary to bring them into balance and to have a complete control over them so that the path to the principle I am will be much smoother and easier for you and then through this you can go forth and share with others how to do it for themselves for you will have walked the path just as Jesus walked the path and showed the way. You too will have to guide those souls who come to you to the I am principles within.

This is a difficult mission and yet it is not. For it is a personal one at first. It is a personal mission within of growing and developing and finding the service that you came here to do. Then as a group, as a foundation, applying these principles with others outside and helping them to grow as well. We leave the manner of the development to you to find within yourself, to learn within yourself, these steps.



We will bring to you books and teachers to share with you different ideas of growth and development both in this way that I come to you today as well as outwardly. It will be up to you to weigh that which they give you and take it to you heart and to your mind and use the techniques they give you for an opening in inner development. We will guide you as best we can but at the same time we will give you the freedom of growth upon your own. There will be a time upon the path of growth in which we will give you directives and as you follow those directives you find the path made smoother and the flower within shall begin to blossom.

Each one of you now has given birth to the Christ child within. It is up to each one of you to nurture that child and to raise it to full maturity so that you too may know the Christ within. The Lord Jesus works once again upon the physical planes and is directing and guiding people to the inner Christ. He again has linked with the Christ within, has begun to be of service to humanity in this way. It will be over this next year that he himself will have to come to a certain resolution as to how far and how much he wishes to serve. By the end of next year, if he so chooses, as you too must choose within your own path, and if he so chooses, you will find that the inner life shall begin to blossom as it has never blossomed before and the drawing within shall become stronger and stronger as his call goes forth for you to join him again.

And he will begin to guide and direct you and to bring you to that full blossoming and introduce you to the child that you must bring to maturity. It will be up to each of ~~you~~<sup>you</sup> to come together and work as one to lay down the precepts upon which the foundation must go forth and share with humanity that which you have gained. There will be instrumentation coming to you that will aid in your development through biofeedback, electrical exchange energies within the aura, a balancing of the chakras in the kundalini energy and many other devices that yet you have not dreamed of. These devices have been developed over the centuries at Mt. Shasta and at other spiritual retreats on the inner planes and great experimentation has taken place upon the inner planes through the development of this machinery. Much of it has been developed in the past in the times of Lemuria and Atlantis and man has forgotten the knowledge of that wisdom and good that it is. For much of the wisdom was misused and brought destruction. We on the inner planes, such as myself and others, have worked over the centuries especially the last three centuries as man has begun his progression upward once again to change these instruments somewhat so that they are less harmful to humanity and can be less used in a negative direction so that they can only be used for the positive and not so much on the negative.

There is still a chance of misuse, therefore, we must slowly give the truth of this understanding of mechanism and healing to humanity on a slow scale. Otherwise, again, misuse could come about and harm and destruction could once again take place.

The instrument that has been described in the manuscripts you have received over the years, is one that existed in Atlantis and one that was misused and brought destruction as you have been told. This device has yet to be developed in mankind's life once again though many changes should be taken in accordance with the law of balance so that the karmic indebtedness that man has developed in the misuse of that machinery before can be brought into balance and good only will be coming forth. The individual that you have been encountered with and who has disappeared into the horizon brought about much of the destruction in the past through misuse and misunderstanding of the instrumentation that we are talking about. In time, in another lifetime from now, he will again be offered the opportunity and the choice as to whether or not to develop the machinery and to bring it back into the use of mankind for the positive. It could have been developed through a small scale in this lifetime but as yet mankind is not ready and that has been proven to you here and, therefore, the instrumentation of that particular machinery has been withdrawn at this time. It will not be presented for a period of 200 years until mankind has cleaned up his act, so to speak, and brought his karmic balance further into alignment with the white light of the Christ within.

There will be other instrumentations presented in a minor scale model for the use of balancing mental energy will be presented to the humanities once again within the next 25 to 35 years. And at that time it will be up to the foundation as to how far and what shall be done with this instrument for it shall be presented through the foundation and through three individuals working within a research laboratory at that time. It will be up to you as to how far to take this scale model and what should be done with it. Thomas Edison had developed this instrumentation during his lifetime and when he saw the harm that could be done with it, he withdrew the instrumentation from the knowledge of man once again and destroyed that which he knew. From that he developed many of the other instruments that he invented and patented under his name. So the phonograph record and so on came into play, into mankind's life. He developed and devised techniques upon which to communicate with higher planes of life and have them come forth and teach and share with humanity such as being done here now but on a much wider scale for anyone could plug it in and become aware of the inner planes; but he saw the damage that it could do and so he withdrew it, knowing that there would be a time when he will come again to bring this instrumentation about.

The Ark of the Covenant was such an instrumentation. It was like a receiving station upon which the communications from higher planes and entities from other planets could communicate with those souls here and guide and direct humanity in its evolutionary process. The Ark again shall be found and it shall be used but very,



very in small scale to what it could be because mankind will not understand it and the energies will not be directed as strongly to it for fear of misuse. Its final use and understanding will not come about until the instrumentation of Atlantis is presented in the next 200 years. This is a great deal of knowledge that you must begin to work with again. That which we have presented to you over the last two days is some of the highest energy that has been focused on the planes of earth in sometime through a particular group. It is a great responsibility and a burden but yet it is something that must be accomplished and we feel that there is a chance within this foundation that it can be done through you.

The foundation is an experiment that we are conducting, just as you will conduct experiments with certain machinery presented to you, we are conducting an experiment through this foundation in hopes to find success. Whether we succeed or fail is a great deal in your hands but from the success and the failure we too shall learn and eventually through you and through others like you, we shall succeed in developing a foundation such as this to aid humanity's growth from all levels of life - physical emotional, mental and spiritual.

We trust you will take this experiment seriously and work with it with an open heart and an open mind and try to serve each day to the fullest. For it to succeed you must serve fully and openly unto your heart and unto humanity. You must be sincere in that which you do and you must strive ever strive, to go forth and be. To be, the God within and to share it, is the greatest gift you can give to humanity. We shall take your hands over the next five years and guide you and direct you and from there you shall begin to blossom forth within you. It will take a period of three years of development to get the foundation on its feet and the organizational part of it developed to where the people will be working smoothly and the paths of communication should be open and flowing. And then over the next two years, we will be directing the energies from within to draw the energies through you that will bring the greater knowledge of instrumentation so that you can begin to develop research labs, etc. in to the development of this machinery. After this five year period, yet a greater expansion to the research and to the foundation of service outwardly shall come and we will direct you in this manner then.

Go first and develop a strong base to work from. Do not strive to grow too fast, for if you grow too rapidly, you will find that the trunk of the tree shall be weak and when it comes time when there is trouble and a great wind blows across the surface of the foundation the trunk will break and the foundation shall fall apart. So sink deep those roots as you begin to grow and make strong the trunk of the tree and when the great wind blows forth across the surface of the earth, the foundation shall stand straight and yet give with the wind and you shall be one of the few that remain strong

and standing tall as many shall fall. We pray that you shall stand high and tall.

Our blessings is with you this day and forever more. We hope that you shall respond to these blessings from within and learn to grow and know that I am, that I am. I am that principle and it is that I am that you must go forth and direct unto humanity. It will be the I am sound, the sound principle, that will go forth and bring about healings through these instruments as well as your own directives as you too develop the healing principle within. It is through sound current, through vibration and through color which are all one in the same, that will be the major focus for the healing in the New Age. And it will be done through electrical currents and stimulations in the aura. Sir Arthur Conan Doyle, he worked through a great deal in the development of instrumentation such as this, but it was lost and misused and has been abused over the ages since its development. He is beginning to work now with a scientist on the West coast once again in the development of machinery and electrical instrumentation that will serve the purposes he has set down. This in time will come to you and we hope that you will begin to work with it and work with psychiatrists throughout the nation to help them understand the principles of electricity and the changing of the electrical currents of the brain through the aura. This will come in time as well.

Look to the future, but live for today and the path shall be made smooth for each one of you this way. My blessings are with you. I leave you for now but I return yet again to share with you the light of God and the path that you must walk. Peace be unto you until that day, my peace I give unto you forever more...

Beloved, I come to you once again to share with you yet another wisdom, another truth. As you have been told, I have taken flesh and blood once again, and I am walking the face of the earth at this time in search of ways to balance the spiritual energies of humanity. I am Jesus, the one who serves to aid humanity in spiritual growth. I walk this plane of earth once again, hoping to share with humanity the wisdom I have to give to help raise them up to their spiritual identity and truths. And to help link them with the God within as I did so many centuries ago and have over the centuries to today.

I ask of you to help me in this endeavor if you so wish. There are many upon the physical planes of earth who seek to know the kingdom within and who karmically have the right at this time to find that path but as of yet have not found the key to unlock the door within. Many whose right it is to go within have an imbalanced situation within their chakra systems and due to the imbalance which is a karmic pattern, they are unable to go within to find that doorway and that path. And I seek through you to help find a way on an outer level to bring about this balance so that the doorway may be opened and the pathway be clearer. That is why we have called together this group and this foundation in hopes that through the instrumentation that must be developed, mankind can once again find that balance and that karmic relief.

True it is, myself and others could go forth and bring about this balance without the instrumentation, but many there are that look now to the outer for this balance and for this truth; and therefore, it will take an outer instrumentation such as the ones you will develop to give them the understanding and the balancing that they need. In the past I could go forth and touch and heal and it was accepted among mankind that these miracles were true and meant to be, but now due to the growth of man intellectually he searches outwardly for mechanical devices to do the same. There are those I can touch and heal because I have a karmic pattern with them and it is meant to be so, but yet there are those that I am not allowed to do so with and there are teachers as yet, but not of the flesh, and cannot bring about this balance. Therefore, it is hoped that through the instrumentation developed here and throughout the world, that this balance can be acquired for those whose teachers are not touching them, who are not healing them.

Many it will be, that they will just begin to walk the spiritual path for the first time since the creation so long ago and it will be through these instrumentation that the pathway will be made clear enough for them to begin that path so that in some future life, then their teacher can come unto them and share with them and touch them. It is their karma that separates them from their teachers now and each karmic pattern that they develop toward the negative separates them only further and further from



their Master. It is though they create a great mountain of karma and each time ----  
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----- direct you upon the path of light. And he will direct you from inwardly as well. And share with you on an outer level as needed to guide and direct you in your growth and offer you his protection as I offer you my protection as well. (explanation of role of Jim Gordon) My energies flow through him daily and I work through him to help others. At times you will struggle within and when you come to these struggles, know that it is a struggle of the ego fighting to maintain control of the lower self. Go within and call upon me and visualize my vehicle coming to you as time and raising you up into the light of God and I shall help you to overcome these struggles and these encounters with the ego. And I will begin to direct you upon the path of light and share with you that key, that word and the way within shall be opened. Truly it is the straight and narrow path that you must walk and few there are that walk it for it is a hard path, it is a narrow path and one hard to stay on. If you stray away from it for awhile, fear not, I am with you. All you need to do is call upon me and I shall direct you back once again to the path of truth. My love is with you and that love is ever forgiving and ever knowing and ever sharing. Know my love, become my love, and share my love with others. This is all I ask of you and nothing more. The love that I am is the love that God is, and that is the love that you are too and that is the love you must share. I am, you are, we are, He is. That is the principle of light and of truth. We are all the divine spark of God and we all share within that divine spark, the right of knowledge, of truth, of love. Rise up and know, I am. And as you are lifted, reach down to lift others up so that they too may help raise humanity higher.

May you as a focus point become a search light that man can look to and know that this is truly a path of wisdom, a path of love, a path to God. Become a focus of this light.

In time the foundation, in circles such as this, shall form a network throughout the world in light and the energies of this world shall be changed to yet a higher vibrational pattern of growth and through you and others like you, the evolution of man shall be changed both through the inner activities that you do, through the love of God and the physical instrumentation that you share throughout the medical industry.

I leave you now, but I am ever near. That spark of God is the link between us. Become one with it and we shall share through eternity in his love. My love is with you. I go now but I leave my blessings with you. Until next time. Peace, my brethren.